In 2016, 5.3 million young adults needed substance use treatment, yet only 12% got the treatment they needed.

**Movie Knight**  
*Sept. 10th, 2018 | 5PM | Live Oak, Garden Room*  
Come watch *Demi Lovato: Simply Complicated*, a full length documentary that gives a personal and intimate look into Demi Lovato’s life as not only a regular 25 year old, but also one of the biggest pop stars in the world. Doors open at 4:45, movie will begin at 5. Arrive early to snag a seat!

**ThePoint After Dark**  
*Sept. 14th, 2018 | 10PM | Neptune Multipurpose Room*  
Join the Neptune Community to create messages of hope for your own room or the Orlando recovery community.

**The Couch Live**  
*Sept. 21st, 2018 | 3:30PM | Memory Mall (in front of Starbucks)*  
Stop by The Couch Live Radio Show before the football game to talk about addiction with “The Dope Doctor”, Luis Delgado, a UCF Alumni.

**Run For Recovery**  
*Sept. 29th, 2018 | 8AM | Lake Eola*  
Come participate in a run/walk to increase awareness and understanding of mental and substance use disorders, as well as celebrate individuals living in recovery.

95% of students who participate in collegiate recovery communities maintain their recovery.
**SERVICES**

**Collegiate Recovery Community**
Interested in recovery from substance abuse? Follow @thePointUCF on Facebook for more info on what UCF offers for students in recovery.

**Substance Abuse Treatment**
Questions about Substance Abuse? Call 407-823-2924 to schedule a confidential appointment today.

**Counseling and Psychological Services**
Do you have questions about mental health support? Call 407-823-2811 to schedule a confidential appointment today.

**UCF Cares**
UCF Cares is an umbrella of care-related programs and resources dedicated to fostering a caring community of Knights, connecting students in distress to appropriate resources.

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**SUPPORT MEETINGS**

| **Narcotics Anonymous** | Wednesdays 7PM  
|-------------------------|------------------  
| NA is a group whose primary purpose is to support individuals for whom drugs have become a major program. |  

| **Alcoholics Anonymous** | Tuesdays 7PM  
|--------------------------|-----------------  
| AA is a group whose primary purpose is to support individuals for whom alcohol use has become a problem. |  

| **AL-Anon** | Mondays 7PM  
|-------------|-----------------  
| Al-Anon meetings support families and help friends of problem drinkers recover from the impact of a friend or loved one’s drinking. |  

| **Anorexics & Bulimics Anonymous** | Thursdays 7PM  
|-------------------------------------|------------------  
| ABA is a group whose primary purpose is to find and maintain recovery in eating practices and to help others gain recovery. |  

| **Overeaters Anonymous** | Mondays 5:30  
|--------------------------|-----------------  
| The OA program offers physical, emotional, and spiritual recovery for those who suffer from compulsive eating. |  

| **SoberKnights** | Thursdays 8PM  
|-----------------|-----------------  
| Sober Knights plans substance free events in and around the UCF community. |  

| **Compass** | Wednesdays 6PM  
|-------------|-----------------  
| Compass is open to UCF students in recovery from substance use disorders or process addictions. |  

@ThePointUCF @thepointucf